



Jan - March 2010

The beginning of the New Year is a great time to start a family home storage plan. Included in this month's newsletter are some suggestions for your family.

Three-Month Supply

Build a small supply of food that is part of your normal, daily diet. One way to do this is to purchase a few extra items each week to build a one-week supply of food. Then you can gradually increase your supply until it is sufficient for three months. These items should be rotated regularly to avoid spoilage.

Longer-Term Supply

For longer-term needs, and where permitted, gradually build a supply of food that will last a long time and that you can use to stay alive, such as wheat, white rice, and beans. These items can last 30 years or more when properly packaged and stored in a cool, dry place. A portion of these may be rotated in your three-month supply.

Drinking Water

Store drinking water for circumstances in which the water supply may be polluted or disrupted.

If water comes directly from a good, pretreated source, then no additional purification is needed; otherwise, pretreat water before use. Store water in sturdy, leak-proof, breakage-resistant containers. Consider using plastic bottles commonly used for juices and soft drinks.

Keep water containers away from heat sources and direct sunlight.

Water Storage Guidelines

Commercially bottled water in PETE (or PET) plastic containers may be purchased. Follow the container's "best if used by" dates as a rotation guideline. Avoid plastic containers that are not PETE plastic.

If you choose to package water yourself, consider the following guidelines:

Containers

- Use only food-grade containers. Smaller containers made of PETE plastic or heavier plastic buckets or drums work well.
- Clean, sanitize, and thoroughly rinse all containers prior to use. A sanitizing solution can be prepared by adding 1 teaspoon (5 ml) of liquid household chlorine bleach (5 to 6% sodium hypochlorite) to one quart (1 liter) of water. Only household bleach without thickeners, scents, or additives should be used.
- Do not use plastic milk jugs, because they do not seal well and tend to become brittle over time.
- Do not use containers previously used to store non-food products.

Water Pretreatment

- Water from a chlorinated municipal water supply does not need further treatment when stored in clean, food-grade containers.
- Non-chlorinated water should be treated with bleach. Add 1/8 of a teaspoon (8 drops) of liquid household chlorine bleach (5 to 6% sodium hypochlorite) for every gallon (4 liters) of water. Only household bleach without thickeners, scents, or additives should be used.

Containers should be emptied and refilled regularly.

- Store water only where potential leakage would not damage your home or apartment.
- Protect stored water from light and heat. Some containers may also require protection from freezing.
- The taste of stored water can be improved by pouring it back and forth between two containers before use.

Long Term Storage Opportunities:

LDS Bishop's Home Storage and available dates for our area's use:

Saturday	Feb. 6 th	1 to 5 pm
Wednesday	Mar. 17 th	9 to 1 pm
Thursday	Apr 22 nd	5 to 9 pm
Friday	May 28 th	1 to 5 pm
Tuesday	July 6 th	5 to 9 pm
Friday	Aug 13 th	9 to 1 pm
Tuesday	Sept 21 st	1 to 5 pm
Wednesday	Oct 27 th	9 to 1 pm
Friday	Dec 3 rd	1 to 5 pm

The address for the Home storage facility is 614 E 8400 S. Phone is 801-561-8104.

Some of the many items available to can & purchase: Beans, Oats, Rice, Wheat, Flour, Cocoa, Potato flakes, Spaghetti, fruit drink, Carrots, Sugar, Apples, and milk.

Other helpful websites:

www.fema.gov
www.redcross.org
www.redcross.org/services/prepare/0.1082.0_239_0.html
www.bereadyutah.org
www.des.utah.gov
www.prepare.org
www.ready.gov
www.seis.utah.edu
www.unifiedfireauthority.org

Storage